

Wellness & cultural activities


**MUANG
SAMUI**
HOLISTIC WELLNESS RIVIERA

Monday	3 PM	Basic Thai Language class		Lobby
	4 PM	Yoga Flow & Sound Healing by Mudras & Movements*		Pilates studio, Choengmon
	5 PM	Yoga Flow Traditional Thai Medicine Consultation with TTM Doctor*		Beach, Choengmon
Tuesday	6:30 PM	BBQ Night Live music and Fire show	990++ THB	ANAND Beach
Wednesday	11.30 AM	Breathwork and Ice Bath on the lawn*		Beach, Choengmon
	3 PM	Towel Folding class		ANAND
Thursday	3 PM	Local market at Laem Din transfer		Lobby
Friday	12:30 PM	Reformer Pilates by Mudras & Movements* (please bring grip socks or purchase at studio)		Pilates studio, Choengmon
	5 PM	Yoga Flow Traditional Thai Medicine Consultation with TTM Doctor*		Beach, Choengmon
	6:30 PM	Fisherman's village transfer (returning 9:30 PM)	100 THB per person / way	Lobby
Saturday	2 PM	Pandan Leaves Origami class		Lobby
Daily	See timetable in the app	Explore Reva and Muang Samui Hotels, complimentary shuttle service (Choengmon > Chaweng)		Lobby

PRIVATE CLASSES

Thai Cooking class	ANAND	2 200++ THB
Kid's Pizza Making class	ANAND	900++ THB
Traditional Thai dessert Cooking class	ANAND	600++ THB
Mixology class	ANAND	500++ THB

Prices are in Thai Baht and are subject to a 10% service charge and 7% VAT.

*To take part in these wellness activities, located 15 minutes by shuttle van, advance booking is necessary.

All activities are complimentary for in-house guests, except for those with indicated pricing, and subject to availability and weather conditions.

Kindly book 24 hours in advance via chat or at Reception.